

BOOK REVIEWS

Here I am again, another year and another issue of *Existential Analysis* filled with more reviews.

Over the last few weeks I have been wondering, what is it for me about reading reviews, these, and so many others out there in the papers and online? How and why am I drawn to them? Is it simply to find out about a book, an exhibition or a movie perhaps, so I may choose more wisely what to read and what to avoid in the precious little time I have to myself? Or is there more to it?

I realize it is not just about the object and my need to select from the huge offering out there, but many a review give me great pleasure; they are so much more than just a review of a book. They make an argument, give a view, and are frequently written in a highly personal style that affects me. I enjoy reading how reviewers present their arguments, the words they use, the length of their sentences and paragraphs. As I read their thoughts, they speak to me. Sometimes I feel moved, often they teach me. Do I take their ideas in and make them mine, or do I reject them? Does my reading somehow change how I consider the world, and in this case, my work? All of the above and more.

Once again, I have a diverse selection of reviews for *EA*'s wide audience. The section starts with a review of Martin Adams' *An Existential Approach to Human Development* and is followed by Kevin Krycka's *Psychotherapy for the Other*. Both books centre on existential philosophy and its applications in psychotherapy. The next review is of Donna Savery's *Echoism*, a book with as sole focus the issue of echoism as linked to narcissism (see Savery's article on page 142). I have included a review of *Revisioning Person-Centred Therapy* (edited by Bazzano, et al) as many among us, myself included, have humanistic leanings (read person-centred in this case).

The deep and lasting connection between the arts and psychotherapy, is covered in the last two reviews. First, a review of the Royal Academy's exhibition of the drawings of Klimt and Schiele, whose works provide us with their expressions of dread, desire, beauty and being. It is followed by a review of the two *Blade Runner* movies, which cover, *par excellence* in my view, many of the existential themes that we meet in the therapy room and life on a daily basis.

I wish you happy reading in 2019.

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